

# ARLINGTON HANDICAPPED ASSOCIATION

600 NEW YORK AVE.

ARLINGTON, TX 76010

(817) 460-6691



September 19, 1988

Dear Associates,

The general membership and Board of Directors have voted to change the name of this agency. The Arlington Handicapped Association will now be known as the HANDICAPPED RESOURCE ASSOCIATION. This change has been approved and placed on record with the Secretary of State's office.

The current executive staff includes:

Pamela T. Moorman, Executive Director (817) 460-6691

Glenda N. Mims, Director, Provence Center for Independent Living  
(PCIL) (817) 275-3369

Melinda Miller, Director, Therapeutic Center for Mobility Impaired  
Adults (TCMIA) (817) 274-0210

Sherry Willard, Licensed Physical Therapist Assistant (817) 460-6691

We look forward to our continued association with your organization.

Sincerely,

*Pamela T. Moorman*

Pamela T. Moorman  
Executive Director  
Handicapped Resource Association



The Arlington Handicapped Association is a non-profit organization whose major purpose is to define, develop, and implement needs of the handicapped of Arlington and surrounding areas.

Two major programs that are sponsored by A.H.A. are the Therapeutic Center for Mobility Impaired Adults and the Shared Attendant Program. Both of these services provide a welcome alternative to the isolation often experienced by those with a handicap. The agency also offers information and referral and advocacy assistance to all disabled citizens.

#### LOCATION

Arlington Handicapped Association  
600 New York Avenue (City Multi-purpose Bldg.)  
Arlington, Texas 76010  
460-6691

Hours of Operation  
9 a.m. to 4 p.m.  
Monday thru Friday

#### Profile - Shared Attendant Program (SAP)

A.H.A.'s SAP program serves as an intermediate care facility which assists disabled individuals in making the transition from family or institutional care to independence.

This program receives part of it's funding from the Texas Department of Human Services. A.H.A. provides attendant care on a "shared basis" in accordance with scheduled times. There is an attendant on duty or on call 24 hours a day.

This program is available for clients meeting a certain criteria. The person must be a TDHS client and enrolled in vocational training, college or working. They must be motivated towards independence. Admission is determined by joint agreement between A.H.A. and TDHS, and on availability of accessible apartments. There is no charge for attendant care.

Clients live in their own apartments and are responsible for all their material needs and financial debts.

The Agency is contracted with Texas Department of Human Services to provide service to 12 clients.

#### Profile - Therapeutic Center For Mobility Impaired Adults (TCMIA)

A.H.A.'s Therapeutic Center offers a multi-faceted area of specialized service delivery. This Center offers it's services to clients on a sliding scale fee basis.

This program is available on Monday, Tuesday, Thursday, and Friday from 9 a.m. to 3 p.m.



The Center offers individual Physical Therapy with a licensed Physical Therapist Assistant on staff, and Physical Therapy Evaluation from Easter Seals. Easter Seals also provides the Center with an Occupational Therapist, on a weekly basis. The Center provides a variety of expressive therapies, such as: art, music, and cooking activities and instruction. It also offers: health maintenance and self care instruction, sign language and communication skills, recreation and socialization opportunities, field trips, and self advocacy skills.

The Center stresses independent living skills so that our clients can regain their lost self-confidence and esteem and function positively within our mobile society. Through regular client meeting, the clients have an active voice in planning activities and identifying needs. We also give clients much needed redevelopment in social skills and peer support. Each Center activity has a sound basis and purpose to build on.

The Therapeutic Center currently has 20 clients with some coming to the Center regularly and others sporadically.

#### Profile - Information and Referral and Advocacy

A.H.A. provides individual and systems advocacy to the entire disabled community, on a regular basis. The Agency averages approximately 120 calls for assistance per month.

The staff is dedicated, in spite of limited time available, to research individual areas of need as calls for assistance are received. This is a priority area that must be expanded through staffing and funds to more adequately meet the needs.

A.H.A. maintains an active role in advocating for the handicapped and their needs on a local, state, and national level.

#### Client Profile

The vast majority of our clients were once capable, productive, and self sufficient citizens, who were struck down by illness or accidents. Presently our clients disabilities range from car wrecks, diving or sports related accidents, work related accidents, stroke victims, Cerebral Palsy, and forms of Muscular Dystrophy.

Our clients are very growth oriented citizens who, inspite of their major setbacks, want to return to society to be, once again productive citizens. They strive to learn new ways to accomplish, once simple, feats. Their goal is to become as self sufficient and independent as their individual disability allows.

Our clients come from a variety of socio-economic and ethnic groups. Despite their many differences in background and disabilities, their loyalty and peer support for one another is strong. Current age ranges are 18 to 76 years.



Staff Profile -

A.H.A. currently employs six (6) staff persons in office: Executive Director; Secretary; Therapeutic Center Director; Registered Physical Therapist Assistant; and a Director of the Shared Attendant Program and Lead Attendant-SAP.

A.H.A. employs nine (9) attendants for the Shared Attendant Program, giving clients 24 hour care.

The Agency also has a volunteer coordinator who donates his time in the office, 4 days a week.

Volunteer Profile -

A.H.A.'s Therapeutic Center has twenty (20) active volunteers and a volunteer coordinator. At least eight (8) of these volunteers offer their services and talents on an average of one (1) day a week. They are wonderful at helping with daily activities, such as, arts and crafts, independent living skills, therapeutic games, and special events. Their ability to interact, personally, with the clients is heart warming. The staff, clients, and volunteers maintain a positive relationship portraying the image of a large, happy family.

Other volunteers assist on an irregular basis. These volunteers assist with special events, transportation, sewing for the clients, giving free haircuts, and many times assist with personal client advocacy issues. One volunteer is an area artist and comes weekly to teach oil painting. A Mary Kay Cosmetic representative donates her time monthly to teach and assist clients on skin and beauty care. Many area professionals donate their time on occasion to give programs of special interest. A.H.A. also has many volunteers on call, for help with emergency transportation needs for clients.

A.H.A. receives the majority of it's volunteers from the Volunteer Center. Teen Court also furnishes volunteers, on occasion, when area teens need to assist with a community service. All volunteer hours are logged and reported to the Volunteer Center monthly.

Our Volunteer Program is strong, our volunteers find their time spent at A.H.A. enjoyable and beneficial. This fact is reflected in the length of individual volunteer service. Many of our volunteers have been assisting A.H.A. for as long as 10 years.



## AHA Philosophy

We believe that people have the right to fully participate in society as free and equal members, and to live independent and active lives to the best of their ability.

To this end:

We believe that the purpose of this agency is to address the needs to the best of our ability and resources.

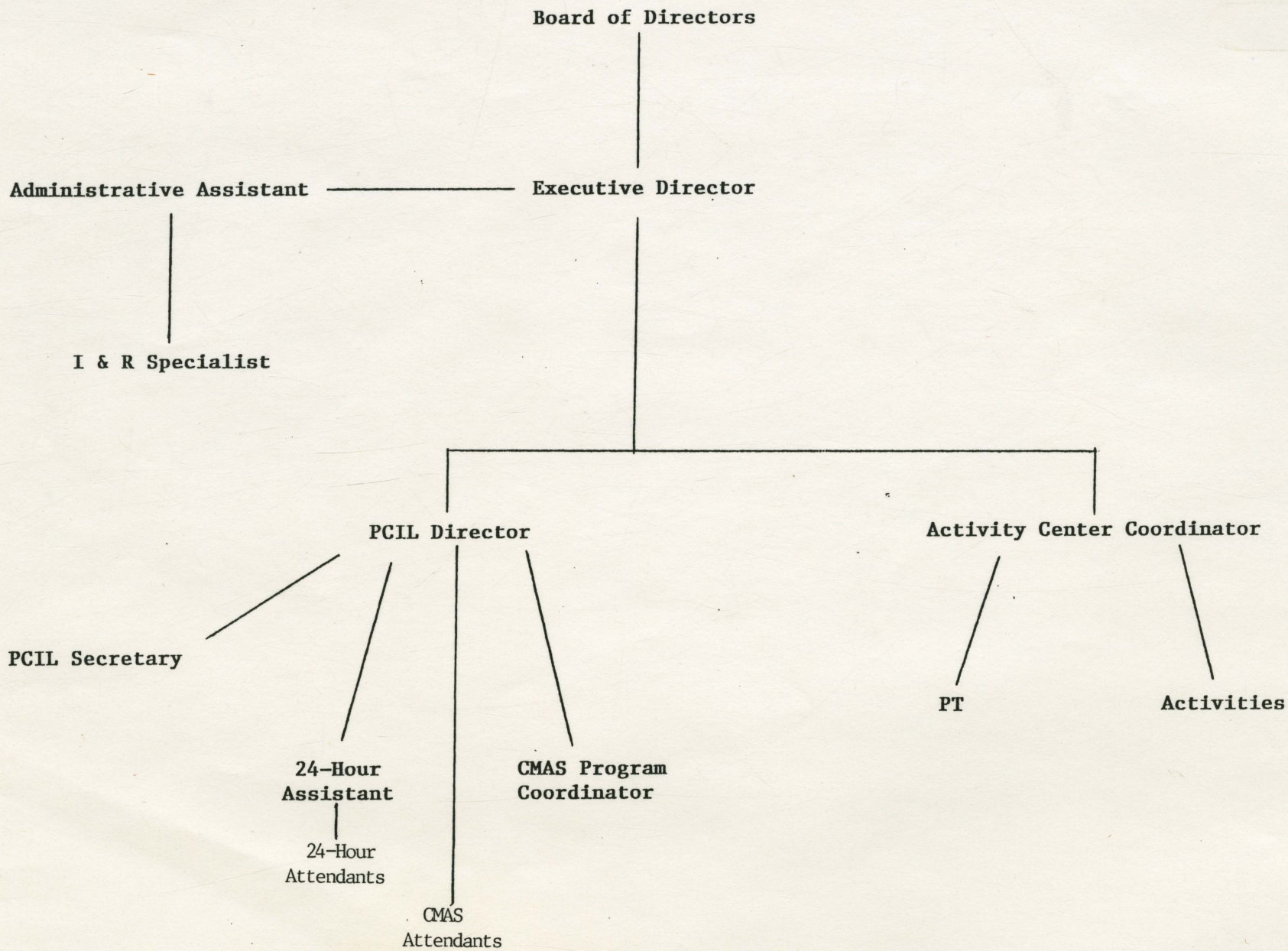
We believe that a positive environment is important to encourage the development of human potential and to ensure the dignity of all.

We believe that rehabilitation through appropriate therapies is necessary for the well being of handicapped individuals regardless of ability to pay.

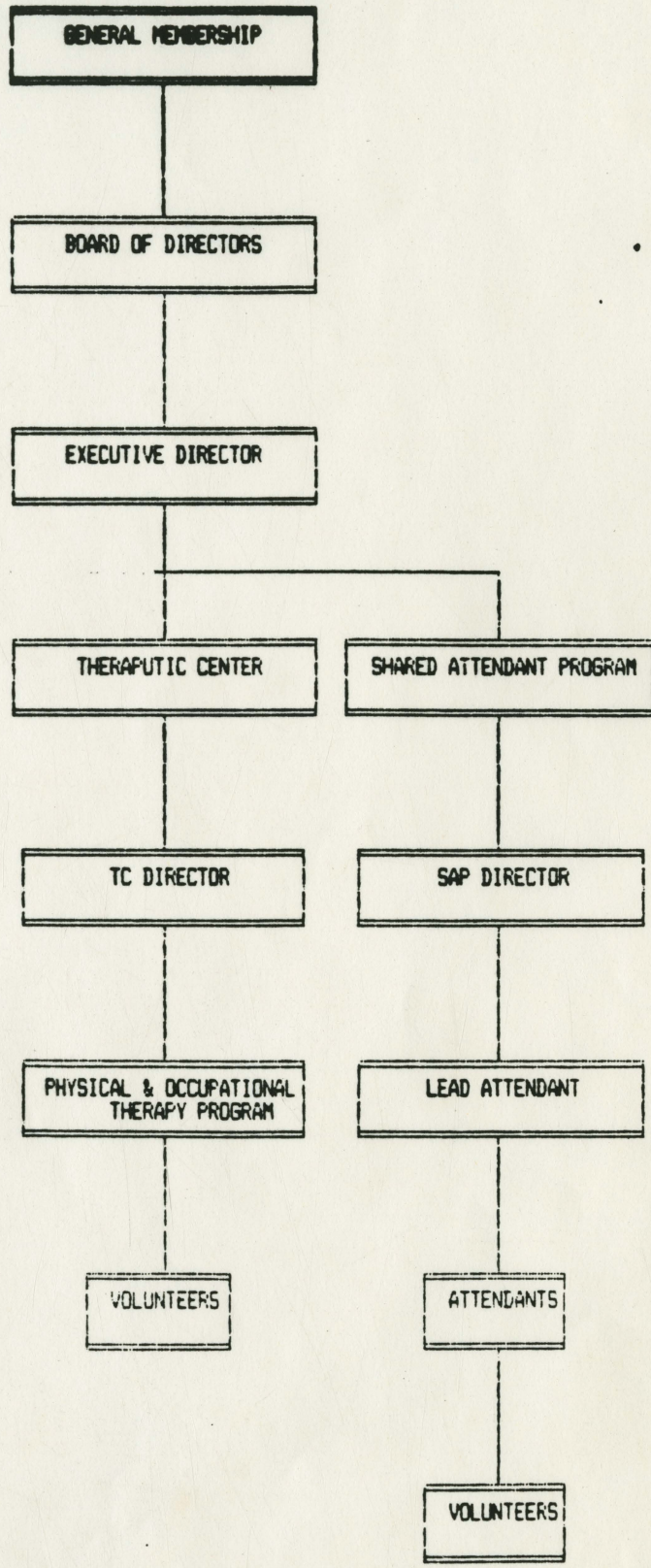
We believe that the well being of an individual is dependent on their optimum physical health, their environment, their social milieu, and their family unit as a whole.

We believe that advocacy is necessary to ensure the rights of all individuals including access to support services, transportation, and basic necessities of life.











# ARLINGTON HANDICAPPED ASSOCIATION



P.O. BOX 3753  
600 New York Ave.

ARLINGTON, TX 76010

(817) 460-6691

**PRESIDENT**

Jim Doyle

**VICE-PRESIDENT**

Lavella Moore

**TREASURER**

Richard Gumtau

**SECRETARY**

Shirley McCracken

**BOARD OF DIRECTORS**

Dee Allen

Robert Brackeen

Robert Brown

John Cartusciello

Randee Dewey

Pam Dural

Dr. Parker

Karen Leever

Bill Little

Jean Smaistria

Christean Whitaker

The reason that Arlington Handicapped Association is not a United Way Agency.

In 1980 the A.H.A. Board of Directors felt that if A.H.A. were to become a United Way Agency it might lose some control over its service delivery process.

Since its conception A.H.A has provided services based upon input from the disabled community.

Arlington Handicapped Association feels that the recipients of services are the best group to determine if the services provided are adequate, need to be refocused or expanded.

This system of service provision does not fit into the United Way approach to allocation of services or funding.

If at some future date the United Way allows for our type of approach A.H.A. would be open to the possibility of integrating into the United Way.