

HRA

1635-A W. Division
Arlington, Texas 76012



HELPING RESTORE ABILITY



The precious
little children with
disabilities that you
were happy to help
have grown up.

Now what?

Unfortunately, after they turn 18 -- and still have the disability -- the appeal to help seems less compelling, **but the situation and the need do not change!**

About 19.4% of Texans have disabilities, and 94% of them are 15 or older. Many of them have tried other services but still lack autonomy. Helping Restore Ability provides personal attendant services with a **unique approach...the client has control!**

Clients choose their attendant(s) from applicants provided by HRA or they may hire their own. Clients also schedule their own attendant's schedules.

Helping Restore Ability handles payroll and general orientation, and also provides case management.

Clients can feel confident of HRA's well established credentials, since it is licensed as a Home and Community Support Agency, receiving some of its

funding from government contracts and grants through the Texas Department of Human Services (TDHS).

HRA offers services to clients in Dallas, Tarrant and the nine surrounding counties. Disabilities include spinal-cord injury, stroke, multiple sclerosis, diabetes, cerebral palsy, muscular dystrophy, emphysema, major disabilities related to advanced age, and others.

Prospective clients may refer themselves or be referred by a case worker at TDHS, Texas Rehabilitation Commission, Rehab Institutions, Hospitals, or other Agencies.

Eligibility guidelines include:

- 18 years or older,
- severe physical disability,
- ability to self-direct the personal care service (or have a responsible party provide that direction),
- have one or more personal care needs,
- need a minimum of 5 hours of attendant services weekly.

THE MISSION

HRA's mission is to educate and advocate, while enriching and enabling adults with disabilities.

Whether a person holds a job or is simply able to live life more fully on a daily basis... quality of life is the issue here.



Helping Restore Ability, previously Handicapped Resource Association, began in 1977 to support its founders' belief that all people have the right to participate fully in society and to live independent and active lives.

HRA is still dedicated to that belief. Those precious little children who grew up need you to get involved.

As a 501(c)(3) non-profit with less than 10% administrative costs, we provide personal assistance care for adults with severe disabilities to help these individuals stay in their homes, attend school or go to work...**at a tremendous tax savings compared to institutional care.**

With our help people who would otherwise be dependent on institutions for care can **stay self-sufficient.**

Each Year HRA provides over 127,000 hours of:

- cooking
- cleaning
- bathing
- helping with transfers
- feeding
- grooming
- dressing
- assistance with medications

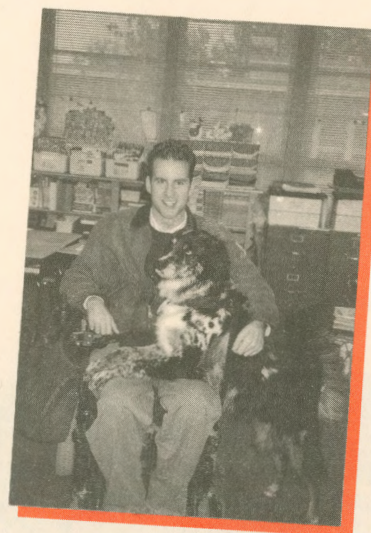
and other non-medical services.



Want to be a personal attendant?
Call our attendant manager at
817-469-1977.

Want to develop a partnership or collaboration with HRA? Contact our office at 817-469-1977 or check out our website:

www.helpingrestoreability.org



Helping Restore Ability
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YOU CAN HELP US HELP OTHERS!

Yes, I would like to support HRA. Enclosed is my donation of:

- I would like to donate goods _____ or money \$ _____.
- I would like to receive more information about HRA.
- I would like to know about planned giving possibilities.
- I would like to learn about sponsorship and/or matching fund opportunities with HRA & its special events.
- I would like to schedule an HRA presentation for my club or organization.
- I would like to receive the HRA Newsletter via
 - Email _____
 - US Mail _____
- I would like to be contacted about volunteer opportunities of my time or talent:
 - Time _____ hrs per month
 - Special Events
 - Administrative Tasks
- Skills I can offer _____
- In-Kind Goods/Services _____

Name _____

Address _____

City/State/Zip _____

Phone _____ Fax _____

____ AmEx ____ MC ____ Visa Exp. Date _____

Card # _____

Name on Card _____

Signature _____

Make checks payable to: HRA

Thank You!

Your contribution is tax deductible to the extent provided by law.