

COMMUNITY CONNECTIONS

- ◆ Member of Texas Association of Home Care (TAHC)
- ◆ Member of National Association of American Business Clubs (AMBUCS)
- ◆ Better Business Bureau
- ◆ Arlington Chamber of Commerce
- ◆ Arlington Mayor's Committee on People with Disabilities
- ◆ Social Service Provider Network
- ◆ HealthSouth Rehab Hospital Community Advisory Board
- ◆ Charter Member of Caregiver Central Coalition in Dallas
- ◆ REACH Relocation Advisory Committee
- ◆ Regional Learning Collaboration of Service Providers to Persons with Disabilities
- ◆ Texas Council for Developmental Disabilities Provider Network
- ◆ Arlington Human Service Planners Medical Resources Task Force
- ◆ Great Southwest Rotary Club

Helping Restore Ability provides services and employment without regard to gender, age, physical limitations, race, color, religion or national origin.

A skilled nurse is on-call 24 hours. 7 days per week for after hours assistance.

Service Area

Tarrant, Dallas, Denton, Collin, Kaufman, Ellis, Johnson, Hood, Parker, Wise, Rockwall, Cooke, Fannin, Grayson and Hunt Counties

Payment

HRA honors the following forms of payment:

Medicare
Medicaid
Private Pay
Third Party Insurance



Helping Restore Ability

Home Health Services

1635-A West Division
Arlington, TX 76012

Phone: 817-461-3750
Fax: 817-461-2334
www.helpingrestoreability.org
Email: HRAbility@sbcglobal.net

MISSION

Helping Restore Ability is a licensed agency whose mission is to educate and advocate, while enriching and enabling persons with disabilities. We are committed to quality home care services.

All patients and their families are treated with compassion, dignity and respect. At HRA, our #1 priority is to care for patients and their families in the comfort of their home, under the direct supervision of their physician.

STAFF

The staff at HRA consists of a team of the following dedicated professionals:

- ◆ Registered Nurses
- ◆ Licensed Vocational Nurses
- ◆ Home Health Aides
- ◆ Social Workers
- ◆ Physical Therapists
- ◆ Occupational Therapists
- ◆ Speech Therapists
- ◆ Administrative Personnel

SERVICE

Care and Teaching provided by HRA includes but is not limited to.....

- ◆ **Skilled Nursing Care:** These services are provided by qualified Registered Nurses (RN) and Licensed Vocational Nurses (LVN) supervised by the RN, following the physician's plan of care:
 - ◇ Blood pressure and vital signs monitoring
 - ◇ Cardiac Management
 - ◇ Decubitus Ulcers/Skin Care
 - ◇ Wound Care Management
 - ◇ Post Surgery Care
 - ◇ Skilled Observation / Assessments
 - ◇ Injections
 - ◇ Tracheostomy Management
 - ◇ Diabetic Instructions and Care Management
 - ◇ Urinary Catheter Care and Management
 - ◇ Obtaining Lab Specimens
 - ◇ Medication Management and Instruction
 - ◇ Ostomy Care and Instructions
 - ◇ Nutrition Management and Instruction
 - ◇ Gastrostomy, Colostomy
 - ◇ Therapeutic Diet
 - ◇ Family Member Support and Safety Precautions

SERVICE Continued

- ◇ **Therapy:** Our qualified therapists provide these services when treatment is ordered by the physician:
 - ◇ Physical therapy evaluation, direct service, and exercise instruction
 - ◇ Speech Therapy evaluations, and language instruction
 - ◇ Occupational Therapy evaluation, direct service and patient teaching.
- ◇ **Medical Social Services:** Our qualified and caring social workers provide direct services and help patients and their families with financial, social and environmental difficulties which may hinder the patient's recovery.
- ◇ **Home Health Aide Services:** The following services are provided by home health aides to assist with patients' personal care and activities of daily living:
 - ◇ Bathing/Hygiene and Dressing
 - ◇ Hair/Nail Care
 - ◇ Assist with Ambulation/Transfers
 - ◇ Assist with Elimination
 - ◇ Linen Change
 - ◇ Range of Motion
 - ◇ Light Meal Preparation
 - ◇ Light housekeeping