



HRAbility TIMES

“Educate and advocate, while enriching and enabling persons with disabilities”

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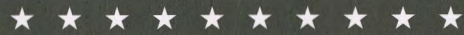
Chairman's Chat

by Beverly Salvant, Board President

As I'm awakened by the falling rain, I'm reminded of all the beauty that comes from the minor inconvenience of getting wet on the way to work or having to deal with traffic on slippery streets. Springtime in all it's glory brings the rain. A time of cleansing, new growth, the promise of new beginnings. And so it is at HRA. At our recent board retreat we planned for new life with our new programs (Home Health and Primary Home Care). We've set the stage for new fundraisers with Celebration! HRA Shenanigans, and Helping Hands Luncheons. The energy in our sessions resembled pouring rain - first one idea, then another and another and on and on....

The promise of the future is strong at HRA. Join us as we make the flowers bloom. Catch some of our spring fever - become a volunteer, get active and participate in one of our fundraisers.

*We may all get wet occasionally and the road may seem a little slippery, but I say —
LET IT RAIN!*



Employee of the Quarter

Mary Brim
January - March 2004

Mary was born in Louisiana but has lived in Dallas for 40 years. She is married with 1 daughter and 2 grandchildren. Mary has been employed with HRA for 1 year. Mary enjoys working with HRA. She has developed a very good friendship with her client.

Way to go Mary! We appreciate you and all that you do! Keep up the great work!!

Here We Grow Again!

Did you know that HRA now provides services and support to over 250 people (both adults and children) throughout the state of Texas, and that we currently provide those services through four different programs? Well, we do!

The newest program that HRA has developed is called Primary Home Care. The Primary Home Care (PHC) Program is actually three new programs all in one, including:

- Community Attendant Care - provides an in-home attendant for adults with a medical need for specific tasks.
- Primary Home Care (PHC) is a non-technical, medically related personal care service prescribed by a physician as part of a client's plan of care. PHC is available to eligible adults and children whose health problems cause them to be functionally limited in performing activities of daily living. PHC services are provided by an attendant and may require the supervision of a registered nurse.
- Family Care is a non-skilled, non-technical service provided to eligible adults who are functionally limited in performing daily activities.

All of these programs are provided through a contract with the Texas Department of Human Services, allowing HRA to reach out to more people with more diverse needs throughout our community. We want to be able to reduce the numbers of people waiting for services and provide quality care to as many people as possible - so stay tuned as we continue to grow again soon! If you have any questions, please feel free to contact our office. We will be glad to explain any of our programs to you, or answer questions you might have.

News To Use:

AVIS RENT A CAR LAUNCHES AVIS ACCESS FOR TRAVELERS WITH DISABILITIES

Complimentary Services to be Available in 100 Markets by Year End

ORLANDO, FL, and PARSIPPANY, NJ 09-18-2003 — Avis Rent A Car System, Inc. has announced the nation's first comprehensive accessibility program for travelers with disabilities. Dubbed "Avis Access," the initiative was unfurled at the annual World Congress on Disabilities in Orlando, FL. This broad outreach is targeted to 54 million Americans with mobility, hearing or visual impairments, their families, and the many international travelers with disabilities who visit the United States and Canada.

"One in five Americans is considered to have a disability of one form or another," says Michael Caron, vice president of product development for Avis Rent A Car. "We're very proud to take the lead in the car rental industry by addressing the needs of this underserved segment of our population. We want the rental experience for all travelers to be as easy, safe and stress-free as possible." Caron adds, "With Avis Access, we are adding a new dimension for travelers with disabilities so that they too can be assured that their special needs will be met even before they take to the road."

Specifically, **Avis Access is providing a dedicated 24-hour toll-free number, 1-888 TRY-HARDER (879-4273)** for customers with special travel needs, along with TTY/TDD access for those with a hearing impairment. Other specific service offerings for drivers and passengers with disabilities include the following complimentary service options: Transfer Board, Swivel Seat, Spinner Knob, Panoramic Mirror, Hand Controls, Accessible Bus Service, and the Additional Driver Fee Waiver.

Avis Access is a component of Avis' long-standing Avis Cares® program. The new services will be introduced in the top 100 markets, in flights of 20 cities at a time, by year-end. All the products for Avis Access were developed in conjunction with Diversity Partners, a company that relies on people with disabilities to design and produce goods and services.

To reserve a vehicle equipped with Avis Access optional equipment, customers should call **1-888-TRY-HARDER (879-4273)**.

I would like to take this opportunity and say "Thank YOU Very Much" to all the hard working volunteers that have come through the doors of HRA. Many of you have been volunteering with HRA for numerous years and some of you have just come onboard within the last few years. Nonetheless, each and every one of you have made notable contributions to our agency. Being a small staff with many projects and fundraisers always in the making, each volunteer is a tremendous asset to HRA. We sincerely value your untiring efforts throughout the years and for all your support! This is one of my favorite sayings:

*"Generosity is not so much the giving of things
as it is the giving of one's self"*

Olivia Acosta
Volunteer Coordinator

Congratulations to our co-founder and Advisory Council Member, John Dycus on becoming a Texas Intercollegiate Press Association Hall of Fame inductee!

Also congratulations to Lawrence Odom, HRA Board Member for being nominated for Star-Telegram's 2004 "Man of the Year" award.
Keep up the great work!

Wish List

- ▶▶▶ Sponsor for printing of Public Relations materials
- ▶▶▶ Home Health Information System Software
- ▶▶▶ Sponsor a staff member to attend Computer Training & Certification Classes
- ▶▶▶ Quarterly Newsletter Sponsor
- ▶▶▶ Laser Printers
- ▶▶▶ Conference Room Table & Chairs
- ▶▶▶ Lateral File Cabinets
- ▶▶▶ Bookcases

In Memoriam:

Ron Ballard
Altha Barnes

Volunteers:

December 2003 - MARCH 2004

Cassandra Acosta
Christopher Acosta
Shela Acosta
Robert Alexander
Lynn Binion, Arlington Women's Club
Jean Brown
Carol Butler
Pete Caballero
Alvin Daley
Carly Eason
Brenda Fisher
Francesca Garcia, National Honor Society
Townview Center
Wes Jagers
Yvonne Jerden, Arlington Women's Club
Louise Laine
Donald Lane
Raymond McCall, Albertson's
Corrine McQueen, Arlington Women's Club
Oscar Morales, National Honor Society
Townview Center
Eric Niedermayer
Nikki Roblow, Albertson's
Barbara Rockett, Arlington Women's Club
Gladis Ruelas
Jackie Schaff
April Stuart
Consuelo Touchette
Kay Walsh, Arlington Women's Club
Catherine Weil, Albertson's
Jennifer Weldon, National Honor Society
Townview Center
Loree Wolf, Arlington Women's Club
Dave Woodward

Donors:

Arlington Women's Club
Michael Badgett
Baxter Family Chiropractic Center
Mike Burgess
Mike Cinatl
Donna Darovich
Ethel Doyle
Joan Duke
Don & Molly Fearing
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Barbara Grenier
Richard O. Gumtau
Jerry W. Hart
Kiwanis Club of Arlington Six Flags Sunrise
Donald & Marge Lane
Deborah Laurents
Pauline Mormon
William C. Raecke
Barbara Selman
Henry N. Stewart

Upcoming Events

BENEFITING HRA:

Helping Hands Luncheon each Thursday 12:00-1:00pm - call for reservations!

Celebrity Waiter/Waitress Luncheon at Outback Steakhouse - June 23, 2004 11:30a - 1:30p

Celebration! HRA (Shenanigans) - September 18, 2004, 6:30pm - UTA Rosebud Theatre

For a listing of Events, Board Meetings, Classes, and Holiday Closings, please visit our website calendars at www.helpingrestoreability.org

HRAbility Times, the quarterly newsletter of Helping Restore Ability, is now available via email. If you would like to receive your newsletter electronically as opposed to "snail mail", please contact our office via email at HRAbility@sbcglobal.net

Volunteer Recruitment!

HRA is in the process of recruiting volunteers throughout the community to help with various "projects" and special events. If you or someone you know is interested, please contact Olivia Acosta, Volunteer Coordinator at oliviaacosta@sbcglobal.net

ADVERTISE IN NEWSLETTER AND WEBSITE

To advertise your business, contact our office at **817-469-1977** or via email HRAbility@sbcglobal.net

*You're Invited to our
27th Anniversary
Celebration, Thursday,
May 20, 2004
11:30am - 1:30pm
at HRA office.*





Helping Restore Ability

Formerly Handicapped Resource Association

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Email: HRAbility@sbcglobal.net
www.helpingrestoreability.org

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HRA Client Profile

My name is Lance Strong. I'm 56 years old and I have been a quadriplegic since I was 16 — a diving accident occurred which resulted in this condition.

I was in the hospital for two years before coming home to be with my family. Ever since then, we have had many problems trying to find health caregivers and financial support. However, through a friend of mine we heard about HRA (Helping Restore Ability). I called their agency immediately and was put on their list for help.

As of now, I have been receiving their support in every way for five (5) years. HRA provides so many services including Physical therapy, Occupational therapy, Speech therapy, Skilled nursing care, & Social Work services.

HRA has been such a life-line for me and my family — I actually don't know how I could get along without them.

Thanks to our 2004 Sponsors

Platinum

Star-Telegram

What do you want to know?

Crystal

**LOCKHEED MARTIN MISSILE AND
FIRE CONTROL, DALLAS**

