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**DALLAS
TUBERCULOSIS
ASSOCIATION**

Silver Harder
Baburn Worth

Member

WELFARE COUNCIL OF DALLAS

The Landowner



REST CAMP, BACHMAN'S DAM, 1922

Belden Smith

OFFICE: 311 DEERE BUILDING

In Medical Arts Building After February 1, 1923

**JOHN W. EVERMAN, President
ROYAL A. FERRIS, Treasurer
O. E. WOOD, Business Secretary
Phone X 5920**

The Dallas Tuberculosis Association Was Organized in November, 1916

Object—To provide a careful study of conditions regarding tuberculosis in Dallas and vicinity, to educate public opinion as to the causes and prevention of tuberculosis; and to inaugurate suitable measures looking to the prevention of the disease.

Plan—To establish free clinics, and through newspaper publicity, intensive home visiting by trained nurses, group talks, moving pictures and posters, seek to induce all who have reason to believe they are infected to visit the clinics where thorough examination will be given by some of the most prominent physicians in Dallas.

Through intensive work among the Negroes persuade them to visit the Negro clinic, and inspire them to more sanitary living conditions, thus in a measure reducing the menace to white families in whose employ many of the Negroes are, as house servants.

The Association works in close co-operation with all social agencies in Dallas to such an extent that there is practically no overlapping in the work.

NURSING DEPARTMENT

The Association employs two specially trained nurses who visit the homes of all tuberculosis suspects who come to clinic or whose names are reported through any source. In these visits they counsel with the family in a friendly way regarding diet, rest and abundance of fresh air; the friendly nurse brings cheer and encouragement to the down hearted, which is often of greater benefit than medicine. In many cases she is more than a nurse, she becomes the family confidante and advisor bringing happiness and sunshine in place of estrangement and gloom.

The attachment of the patient and family for the nurse is often deep and lasting and quite different from any other. Through these visits many with the dread disease in its incipient stage, are persuaded to attend clinic, when a cure is easy and rapid if directions are strictly followed.

For the period of eleven months beginning December 1, 1921, and ending October 31, 1922, the nurse has made 1200 visits to the homes of tuberculosis patients, has assisted with the examination of 548 patients at clinics. 750 visits were made to clinics by White, Mexican and Negro patients. 339 calls were made by the nurse to various organizations in the interest of the association and patients.

Forty patients were sent to Woodlawn Hospital. Five to Carlsbad (State Sanitarium).

One parent-child health group has been organized. Others in process.

Twelve thousand pieces of literature dealing with the prevention and cure of tuberculosis have been distributed.

Over 1800 Industrial Workers in Dallas have heard health talks on the prevention of tuberculosis.

CHILDREN'S REST CAMP

An undernourished child is the fit subject for the development of tuberculosis or any other chronic disease.

The child has the right to life—sheer physical life—and that abundance of it we call good health.

The habits a child forms today may determine to a considerable extent the physical condition of the future adult. Adults are proverbially poor pupils in any school. It is hard for them to unlearn anything they have been taught in childhood. The child is the fittest subject in which to instill proper health knowledge. He has no prejudices to overcome; he delights in the knowledge of the simple things which relate to his health and it is not difficult to influence him in the formation of good health habits. It is just as easy to form good habits as bad ones. All these things combine to make childhood the golden period of life in which to teach health.

It is with these things in mind that the Dallas Tuberculosis Association in 1917 established the Children's Rest Camp at Bachman's Dam to give a concrete example of what corrections of physical defects, proper home control, prevention of over fatigue, proper food at regular and sufficiently frequent intervals, and fresh air by day and by night could accomplish.

A large number of children have passed through this camp and a great percentage of them, through the habits formed at the camp, and the follow up instructions by the camp directors, are developing strong healthy bodies.

BUY CHRISTMAS SEALS

BUY
CHRISTMAS
SEALS

YOU ARE CORDIALLY INVITED

To help this year in the great fight against Tuberculosis.

THE DALLAS TUBERCULOSIS ASSOCIATION is sending Christmas Seals to you. By buying them you will help cure some poor Dallas citizen of tuberculosis. and you will help keep some poor child who has been exposed to tuberculosis from getting it.

By using them on your Christmas letters and packages you will acquaint others with the fact that this dreadful disease can be cured.

WILL NOT THE THOUGHT that you have helped be a great comfort to you throughout the year?

BUY
CHRISTMAS
SEALS

BUY CHRISTMAS SEALS



OUR FIRST REST CAMP

Handwritten notes and numbers on the right side of the page, including a vertical list of numbers: 2, 4, 6, 8, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48, 50, 52, 54, 56, 58, 60, 62, 64, 66, 68, 70, 72, 74, 76, 78, 80, 82, 84, 86, 88, 90, 92, 94, 96, 98, 100.

FREE CLINIC HOURS

FOR WHITES

311 Deere Building
Tuesday and Friday at 2:30 P. M.

FOR MEXICANS

At Mexican Mission, 1214 McKinney Avenue

FOR NEGROS

At 1027 1-2 Boll Street
Mondays and Fridays at 2:30 P. M.